

## Commodores Corner December 2015



My last month. The Commodore elect, Chris, has a great Holiday party planned for December 12<sup>th</sup> starting at 7:30! Please bring a side dish, dress in your finest, sixties style if you wish, and enjoy the Swami's reading, the traditional Rock Lobster, and, dare I say it, the Red Elvis' Belly dance! I understand the DJ is pretty awesome.

Thanks to all club members for putting up with me a second time. I had a blast being your Commodore and am looking forward to what our new Commodore and his Vice, Mary, will bring to the club. Two new members on the board in Rik Edmonds and Joe Sisson should create some new energy and with new Scribe, Adam Bennet, who knows what you'll be reading!

Also, don't forget the Festivus celebration on Sunday, December 20<sup>th</sup>, around 3pm. The Vice wishes to challenge me to a sea battle on the water. Should be interesting and damaging. Anyone have an old board I could use?

Last but not least, if you haven't gotten a spot for the Keys Trip, do so. Should be a great time once again. I know of a couple folks who registered but cannot go, so if you can and haven't gotten a spot yet, please let me know.

Ciao.

Bob G.



### A Farewell from the Great Helmsman

(Apologies to Rutger Hauer, ghostwritten by Bill Olson)

I've... seen things... you people wouldn't believe.  
The green flash at sunset at Fiesta Key;  
I watched Festivus Miracles at Shell Point Beach  
All those... moments... will be lost, in time, like [*chokes up*] vermouth... in... gin.  
Time... to... Slap – nastrovia!

### Shell Point Safety

Mark Powell



Some member experiences in SPSC newsletter articles over the summer got me a bit worried about windsurfing safety. Everybody probably has variations on this (please share) but when sailing at Shell Point here are a few rules of thumb I follow:

- 1) If the wind is offshore don't sail beyond the third channel marker unless someone else you know is out and you can keep an eye on each other.
- 2) If you're the only one there, it could be a good time to work on your SUP paddle technique instead... and if you use a SUP, ALWAYS use a leash, if not a life vest and leash.
- 3) If you call Windy and the wind is too high or too low, regardless of direction, go to option#2.
- 4) Be comfortable enough on the water that if something happened, you could ditch your gear and swim all the way in, or at least to water shallow enough to get spotted and picked up by a passing motorboat. To achieve this state...



#### Swimming for Boardheads

- 1) Go to [USMS.org](http://USMS.org) and join U. S. Masters Swimming
- 2) Go to [clubnole.com](http://clubnole.com) and join Club Seminole, Tallahassee's official USMS swim program.
- 3) For \$50 per month you can train several times a week with people your own age and speed, guided by a skilled coach giving you the workout of the day and tips on swim technique. Its like getting a month of personal training for the cost of one session at the Y, Premiere, or Kinetix.
- 4) You will slowly build your swim skills from a couple of laps to doing over 2000 yards during an hour workout by the time of the Wind Ceremony.
- 5) Enjoy fresh air outdoors in the same heated pool where Michael Phelps set a world butterfly record in 2005
- 6) If something happens at Shell Point, and with the age of the gear we use (not to mention our own ages), its highly likely something will happen, you will be able to handle option 4 on Safety no problem!
- 7) See you at the lunchtime workouts at the FSU Morcom Aquatic Center!

## **CLUB MINUTES November 10, 2015**

At 07:30 the Great Helmsman initiates the proceedings by leading us in a rousing rendition of "Rockin' in the Free World", we are not sure why. But we expect to hear from Neil Young's legal team shortly.

14 members are present to carry on the good work.

There will be a drawing/raffle of two gift cards from Cabo's, first drawing won by Amy C.

This is the last meeting club general meeting of 2015, and the last of the Bobby G. regime, which will remembered with great fondness, until next week or so.

**Scribes report** – Rik and Joe provided great articles, see what you slackers could do if you just put forth a little effort. Dave Denmark motioned and Mary Rolling seconded to approve the unread minutes from the last meeting.

**Pursers Report:** We have 41 paid memberships, down from last year this time, but our bank balance is up, historically this is the high point of the fiscal year, when the lame duck is outbound, coincidence? We have money in the bank, insurance is paid (which includes our on and off the water activities and boats if used, which is why you should register for all our events). Some of our other costs include;

Christmas party expenses - a motion is passed for an extravagant budget. "60s themed music etc." 12 December 2015 at the Shrine atop the hill.

Festivus will be 20 December, expect an epic sea battle as Chris wrests the SPSC scepter of power from his brother's feeble hands.

The training trailer needs some paint and other repairs, show up to help when the call goes out.

Keys trip – No official changes, Merk has had site location issues, tents being relegated to the 800 sites

ESSC is done

Atlanta is done

Halloween was the Kona Gulf Coast Championship in Clearwater Beach.

### **Upcoming events**

Xmas 12 December

Festivus 20 December

Keys Trip

Cape San Blas trip May/June 2016.

The second Cabos gift card is awarded, in the final desperate act of a fading strongman, to Sandy L., consort extraordinaire.

Next Club meeting will be January 2016 with a new despot at the wheel.

Submitted for the glory of Bob. Oh never mind.